## Falafel

## Yield: 4 servings

## Prep Time: 12:15:00

- 1. Place dried chickpeas and baking soda in a large bowl. Cover with cold water by at least 2 inches and soak overnight (12-24 hours). Drain well and pat dry with paper towels before using.
- 2. In the bowl of a food processor, combine soaked chickpeas, parsley, cilantro, dill, onion, garlic, black pepper, cumin, coriander, and cayenne. Process until mixture is finely ground and well combined, scraping down sides as needed.
- □ 2 cup Chickpeas
- □ 1/2 tsp Baking Soda
- □ 1 cup Parsley
- □ 3/4 cup Cilantro
- $\Box$  1/2 cup Dill
- $\Box$  1/2 each Onion
- □ 7-8 each Garlic
- □ 1 tbsp Black Pepper
- $\Box$  1 tbsp Ground Cumin
- $\hfill\square$  1 tbsp Ground Coriander
- □ 1 tsp Cayenne Pepper
- 3. Transfer mixture to a container, cover tightly, and refrigerate for at least 1 hour or up to overnight to allow flavors to meld.
- 4. Just before frying, stir in baking powder and sesame seeds. Season generously with salt to taste.
- □ 1 tsp Baking Powder
- $\Box$  2 tbsp Sesame Seeds
- □ Kosher Salt