## Baked Brown Rice

Yield: 4 servings Prep Time: 0:10:00 Cook Time: 1:00:00 Total Time: 1:10:00

- 1. Preheat oven to 375 °F.
- 2. Boil water in microwave.

 $\Box$  2 1/2 cup Water

- 3. Add rice, butter, bay leaf, salt, and pepper to a 9-inch glass baking dish.
- □ 1 1/2 cup Brown Rice
- □ 1 tbsp Unsalted Butter
- $\hfill\square$  1 each Bay Leaves
- □ 1 tsp Kosher Salt
- □ 1/4 tsp Black Pepper

4. Pour boiling water over rice, cover with foil, and bake for one hour.